



# Lake Charles Memorial Health System Nursing Professional Practice Model

## Our Vision Statement:

We are Memorial nurses. Together, serving our community heart to heart. We are

- dedicated
- compassionate
- resilient
- united

## Our Mission Statement:

Memorial's nursing mission is to promote a caring culture that empowers each nurse to provide safe and quality care to patients and families and to uphold Memorial's commitment to the community through excellent leadership, evidence-based practice, and professional development.

## Description of Our Nursing Practice Model:

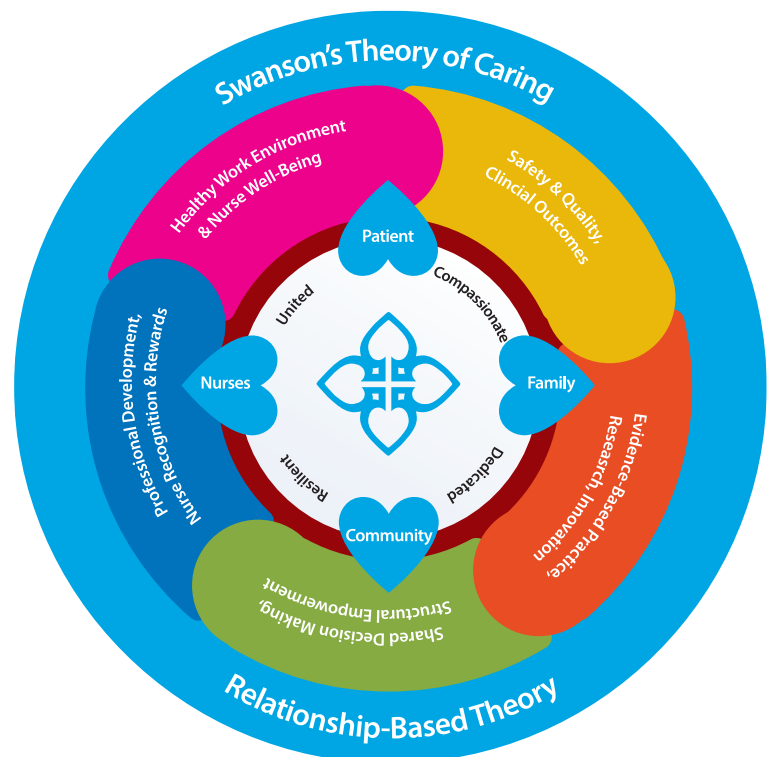
Our Nursing Professional Practice Model is an illustration of how our nurses practice as key participants of the collaborative healthcare team. The practice model helps describe and guide nursing practice throughout the Lake Charles Memorial Health System. It captures the values, goals, and relationships that define our professional identity. The model promotes high quality and consistent care, improved outcomes for patients and families, job satisfaction, and a positive work environment.

The model incorporates our nursing mission, vision, and values as the foundation for all we do.

The Lake Charles Memorial logo is at the center of the nursing professional practice model. The logo consists of four interconnecting hearts representing the caring connection between our patients, family members, community, and nurses. Our nurses understand the importance of forming positive relationships between the entire healthcare team and every person who enters our health system. We identify the core values of our nurses as united, compassionate, dedicated, and resilient.

Surrounding the hearts and core values are the key components that we strive to continuously build upon in order to improve outcomes for our patients, patients' families, community, nurses, and the entire healthcare team.

- Safety, Quality, Clinical Outcomes
- Evidence Based Practice, Research, Innovation
- Shared Decision Making, Structural Empowerment
- Professional Development, Nurse Recognition & Rewards
- Healthy Work Environment & Nurse Well-Being



*Swanson's Theory of Caring* in addition to relationship-based care has been selected as the framework for the nursing practice model. It is depicted as the outer circle or "frame" of the model representing the overall foundation for nursing practice. This is what keeps us grounded in our professional practice.

*Swanson's Theory of Caring* describes nurse-patient relationships that promote wholeness and healing. It is a framework that incorporates education and research with traditional values and caring attitudes. The theory identifies five major concepts, caring, knowing, being with, doing for, enabling, and maintaining belief. We have created commitment statements for each concept.

- **Caring:** We believe that providing patient/family centered care is the core of nursing. We also believe that caring for one another is just as important as the care we provide
- **Knowing:** We strive to understand the perception of others, avoiding assumptions and judgement
- **Being with:** We strive to be emotionally present to our patients, patients' families, community, and healthcare team
- **Doing for:** We are committed to providing a safe environment, comfort, and dignity for all patients. We are committed to best practice and quality outcomes
- **Enabling:** Through all transitions of care we will inform, explain, support, validate feelings, generate alternatives, and give feedback
- **Maintaining belief:** We will help to find meaning and stand by the one cared for no matter what the situation

*Relationship-based care (RBC)* has been embraced by the nurses at LCMHS based on the idea that patients have better outcomes and recover more quickly when strong therapeutic relationships exist in an organization. RBC is the way we provide care to our patients, their families, and each other.

We are committed to creating a caring and healing environment. The key components of RBC are:

- Promoting a healthy environment through the power of relationships with ourselves, the people with whom we work, and our patients and their families
- Accommodating the needs of our patients and families through relationships and human connections
- Treating everyone with respect and dignity
- Speaking for the patient and making sure the family is included
- Understanding each patient's unique story
- Being consistent with our mission, vision, and values