

# What to do if you or someone you know has been *sexually assaulted*?



Get to a safe place and tell someone you trust.  
Call **911** or your local law enforcement agency.



Do **NOT** bathe, wash, change clothes, eat, drink or go to the bathroom, if possible to preserve any evidence on your body.



If it has been **less than 120 hours** since the assault, go to **Lake Charles Memorial Hospital ER** and ask for the **SANE** nurse.



If it has been **more than 120 hours**, medical treatment for sexually transmitted infections and pregnancy testing should occur at the Calcasieu Parish Health Unit or your private physicians office.

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**Advocates are available 24/7, free and confidential.**

***337.494.7273***

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**SWLA SANE / SART Program**  
**A Sexual Assault Resource Team Approach**



Lake Charles Memorial Health System  
**EMERGENCY DEPARTMENT**

1701 Oak Park Blvd., Lake Charles, LA